



Terms of Engagement Consent Form

- I. *Naturopathic nutritional therapy is not a substitute for professional medical advice.*
- II. *You, the client, are responsible for contacting your GP about any health concerns you may have. Please inform your GP you are working with a nutritionist.*
- III. *If you are unclear about any part of your plan, you should contact Natalia Waring Nutrition immediately for clarification.*
- IV. *If you experience any new or worsening symptoms while on your plan, you should stop the plan and contact Natalia Waring Nutrition and your GP immediately.*
- V. *Natalia Waring Nutrition does not offer a health-coaching service in between Sessions, but can recommend health coaches.*
- VI. *Your naturopathic plan will have a time-frame. Do not continue with the plan beyond this time-frame without speaking to Natalia Waring Nutrition first. This is to avoid any adverse reactions. Stop any part of your plan at any point if you are not happy with or if you feel it is making symptoms worse.*
- VII. *All information including your personal and medical information you provide to Natalia Waring Nutrition is completely confidential and will not be discussed with any third parties, in line with GDPR guidelines. Other medical providers, such as your GP, will only be contacted with your consent.*
- VIII. *All consultations take place in person at the Hereford clinic. Discovery phone calls and phone calls to explain your plans are also offered. Video consultations are not offered.*
- IX. *Full payment for the programme is due before commencement of the programme. No refunds are offered if you choose to only part-complete the programme.*
- X. *No advice can be offered outside of the programme.*

Signed (client signature):

Date:

Signed (practitioner signature):

Date: